The Community Powerhouse LHS Branch

2016-2017 School Year

Executive Survey



Lancaster High School Franchise Established January 2015

Sparking Hope. Igniting Optimism. Creating The Currents For A Brighter Future!

2016/2017 LHS POWERHOUSE INTERVIEW QUESTIONS – PREVENTION MODEL 26 Respondents

1. How do you view the Powerhouse Class? (Please check all that apply)

<u>7%</u> A class for bad student's	<u>9</u>	<mark>6%</mark>	A class to help you do better in school
85% A class where you can share	e your problems 9	<mark>)6%</mark>	A class where you get support/motivation
15% Like a regular class	8	<mark>8%</mark>	A class to keep you away from trouble

Other Comments:

- A class where mentors really do care about you.

- A great class to get into if you plan on going to college or into business.

2. What was your life, attitude and behavior like before you came into the Powerhouse?

- It was Bad (4 responses)
- Well behaved in class with decent grades.
- I thought I could get away with anything.
- Hated my life and needed help.
- I had a nasty attitude and behavior (5 responses)
- Out of school this time last year.
- I was shy in class so I didn't talk to people in class.
- I was trying to get into regular classes.
- Getting write up's and cursing teachers out.
- Not bad but has gotten better since Powerhouse. (4 responses)
- *I* was on a bad path that was leading to horrible places. (2 responses)

3. What about you has improved because of the Powerhouse? (Check all that apply)

<mark>81%</mark>	_Attitude (How I feel about myself)	31%	_Reading Skills
 73%	Behavior	65%	Willingness/desire to come to school
 	Skills to help me stay & complete high school	<mark>81%</mark>	Ability evaluate & make better choices
 50%	New Friendships	<mark>85%</mark>	Life Skills
 58%	Grades	<mark>88%</mark>	Motivational Skills
46%	Better Relationship with parent(s)	<u>69%</u>	Ability to interact or relate with
 62%	Behavior in class		people from different walks of life
100/			

<u>46%</u> Ability to deal with difficult teachers/administrators

Other Comments:

- Everything and this is 100% true.
- I strive to do better for myself.

- I have learned how to deal with problems and have a different outlook on life.

4. How did you feel about yourself before coming into the Powerhouse? (Check one)

_____Not good

_____58%____Aw'ight

<u>19%</u>Real good

- Stayed in trouble. (2 responses)
- Took life for granted.
- Didn't care about my future. (2 responses)
- I was lost in schoolwork and home problems.
- Bad grades (2 responses)
- Lazy
- A little good. (2 responses)
- Kicked out of school.
- The same. (4 responses)
- Kind, leading, open minded, active.

5. How do you feel about yourself <u>NOW</u> after coming into the Powerhouse? (Check one)

_____Not good ____19%___Aw'ight ____**81%_**___Real good

6. What behaviors have changed for the better since you came into the Powerhouse? (Check all that apply)

<u>4%</u> Frequency of selling d	rugs <u>8%</u>	Frequency of using drugs	
<u>4%</u> Frequency of using alc	cohol <u>8%</u>	Frequency of having sex	
<u>12%</u> Frequency of unprotec	ted sex 4%	Frequency of several different se	ex partners
Frequency of smoking	cigarettes <u>60%</u>	Frequency of violent/angry beha	vior
<u> 8% </u> Frequency of theft	24%	Frequency of being locked up	
<mark>68%</mark> Frequency of getting ir	to trouble 32%	Frequency of fights	
<u>16%</u> Frequency of attending	g church40%	Frequency of getting written up	
<u>48%</u> Frequency of going to	the Box/ISS44%	Frequency "Going off" on teach	ers/staff
<u>52%</u> Frequency of coming	to school28%	Frequency of 'cutting' class	

7. Before you came into the Powerhouse did you see yourself finishing high school with a diploma? (Check one)

<u>69%</u>Yes <u>12%</u>No <u>19%</u>Unsure

8. On a scale of 2	l to 5, how big of a d	lifference has each of t	the Program comp	onents made in your ly	ife?
(1) didn't make	(2) kind of made	(3) made a small	(4) made a big	(5) made a great	
a difference	a difference	difference	difference	difference	

	1	2	3	4	5		1	2	3	4	5
Boardroom Sessions	4%	8%	17%	<mark>38%</mark>	<mark>33%</mark>	One-on-One Conversations	4\$	8%	8%	35%	<mark>46%</mark>
Boardroom Discussions /Debates	4%	8%	13%	<mark>38%</mark>	<mark>38%</mark>	Quotes Learned	4%	4%	8%	<mark>54%</mark>	31%
Movies		12%	20%	<mark>40%</mark>	28%	Articles Read	8%	15%	<mark>35%</mark>	<mark>35%</mark>	8%
Boardroom Setup	19%	8%	<mark>31%</mark>	23%	19%	Accomplishment Card	19%	8%	<mark>35%</mark>	19%	19%

9. What is one lesson or quote that you have learned from the Powerhouse that you will apply to your life?

- "A diamond is just a hunk of coal that stuck to its job and made good under pressure."

- "Work hard, play hard, but don't confuse the two."
- "Boys play men get the job done." (3 responses)
- "Birds fly in flocks Eagles fly alone"
- "You cannot fix what you will not face." (9 responses)

- "When you know better you do better."

- "Always be respectful and never give up."
- "Sparking hope, igniting optimism, and creating the currents for a brighter future"
- "If you always do what you've always done you'll always get what you always got."
- "A people that fail to remember their past are a people doomed to repeat it." (2 responses)
- "Choices plus consequences equals the sum of one's life." (2 responses)
- "Circumstances may delay you but they cannot deny you." (2 responses)
- "No matter where you go you take you with you." (4 responses)

10. On a scale from 1 to 5, how important were each of the sessions to you?

(1) N/A (2) not important (3) somewhat important (4) very important (5) extremely important

	1	2	3	4	5		1	2	3	4	5
Bag Chart	4%		12%	<mark>58%</mark>	27%	Sessions on		4%	19%	27%	<mark>50%</mark>
						Sexuality					
Manhood		4%	8%	27%	<mark>62%</mark>	Sessions on			4%	31%	<mark>65%</mark>
Sessions						Making					
						Choices					
Films			15%	<mark>62%</mark>	23%	Genesis/		4%	12%	31%	<mark>54%</mark>
						Revelation					
						Discussion					
Incentives	10%	10%	<mark>40%</mark>	<mark>40%</mark>		Boardroom		4%	12%	38%	<mark>46%</mark>
						Discussions					

11. What made you continue to want to come to the Powerhouse?

- Wanted to try & get in regular classes.
- I felt like I could get my feelings and problems out without yelling.
- The class felt like family and I was always included and appreciated.
- Learned how to not get write ups.
- They helped me with reading, writing and how to speak.
- Being able to share and learning how to carry myself.
- Learning how to become a man and get ready for the future.
- When I understood what they taught me.
- Wanted to learn how to become a leader.
- The fun I had and the mentors that kept pushing me. (2 responses)
- Because I saw that they were there no matter what.
- The structure and balance that it had in my life. Became wiser.

- I love the teaching. (6 responses)

- The knowledge. (4 responses)
- The movies we watch.
- Learned something new everyday.
- The male figures I needed.
- The help they gave. (2 responses)
- Change my lifestyle.
- To get better.
- Learning about the issues of today.
- I don't know.

12. Where do you feel you would be if you hadn't been enrolled in the Powerhouse?

- Out of School Suspension or In School Suspension.	- Not coming to school.
- A dropout. (2 responses)	- In trouble.
- Expelled from school. (2 responses)	- Still in school.
- It would have taken me longer to settle into this new school.	- Still doing good.
- Would not have changed at all. (4 responses)	- Still making bad grades. (2 responses)
- No idea of what I would be doing with my life. (2 responses)	- Incarcerated (3 responses)
- Wouldn't have known about how important decision making is.	- In school not paying attention.
- I'm going to try my best to be back in this class.	- In the same classes. (3 responses)
- Physically the same, but mentally not where I am now.	- In an Art class.
- Probably the same but without the knowledge I have now. (2 responses)	- On the streets.

- Probably the same but without the knowledge I have now. (2 responses)

13. Now that you have experienced the Powerhouse where do you see yourself now in the next five years?

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- Owning a home. (2 responses)	- Owning a car.	- A good job. (6 responses)
- Being a good man and making good choices.	- In college. (16 responses)	- Army.
- Working a job making over at least 100K.	- Being a good leader	- Cooking (Chef) for a restaurant.
- Providing for my family (2 responses)	- Starting a family. (3 responses	
		·

- Graduated from high school. (3 responses)
- Smarter and now knowing what to do.

14. Have you started reading more now that you have been in the Powerhouse? Check all that apply

If <u>yes</u>, what are you reading more.

			<u>62%</u>	_Yes _	<u>38%</u> N	0	
<u>35%</u>	_books	4%	magazines	8%	newspaper(s) <u>35%</u>	Bible

15. Would you recommend the Powerhouse class to someone else?

100% Yes No

Why or why not?

- Yes, I think every African-American should take this class.
- Helps young men get their life on the right track. (7 responses)
- Yes, it's a special place to learn new things about yourself. It gives you direction at school and in life.
- Yes, it's a great class and it will help better someone's life. (3 responses)
- Yes, it helps you to become a better person and deal with life's problems that come your way.
- Helps you to have a better life and reach your goals.
- Yes, this class brings joy and a business atmosphere.
- Yes. Helps you become a man. (3 responses)
- Keeps you focused on school.
- Yes, I know some people that need help but they think they don't. They don't know and they are crying inside.
- Yes, it helps your lifestyle and helps keep you out of trouble. (2 responses)
- -Yes, it teaches you how the real world is. (2 responses)
- The mentors care. It's the best.

16. After coming to the Powerhouse do you now see yourself finishing high school with a Diploma? (Check one)

_4%____No ____8%____Unsure **88%** Yes

17. Do you see yourself making better choices now? (Check one)

92% Yes 8% Unsure No

18. Before you enrolled in the Powerhouse how did you feel about being in school? <u>6%</u>Hated School **<u>56%</u>** School was OK <u>38%</u> Didn't matter one way or the other

19. After completing the Powerhouse program how do you feel about school?

Hate School **75%** School is OK 25% Doesn't matter one way or the other

20. What did you like best about The Powerhouse?

- *The learning, teaching and discussions. (10 responses)* - Watching movies. (3 responses) - Learning about STD's and who it affects more. - Everything, the lessons and quotes. (7 responses) - One-on-one discussions. - Learning how to make better choices. (2 responses) - Different activities. (3 responses) - Feeling like I belonged. (2 responses) - Incentives. (2 responses) - The caring of the mentors. -They expected us to do good. - We always kept it real and never sugar coated anything. - The people in it. - Learning real life lessons. (2 responses) - The motivation. - When Coach Priester talks about his life and telling us how the world is. - The quotes. - The CEO's and SVP's. (staff) - Talking about manhood. - *The honesty.* (3 responses) - The love, care, and compassion. - Learning about slavery and African history before slavery. (2 responses) - The respect you are given. - That they actually took time to listen to you and help you overcome anything.
- The coffee and getting to know more about life and everything you do is a choice.

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- Having fun.

21. What did you like least about The Powerhouse?

- Nothing (11 responses)
- Our nameplates and chairs.
- Filling out the Accomplishment Cards.
- The class was too short. (3 responses)
- I liked everything about The Powerhouse. (10 responses)
- The discussions about teen sex and pregnancy.

- The S.L.A.N.T. (Sit up. Lean forward. Act Interested. Nod. Track.)

- When some of the kids didn't care about the lessons and thought what we were learning wasn't interesting.

22. How would you rate your Instructor's? (Please Check One)

88% Outstanding <u>8%</u> They were alright <u>4%</u> Good _____Not Good

23. Go The Extra Mile.....Tell us something else about this class that you would like for us or the administrators to know....

- They taught us how to be a man and handle ourselves.
- Helped me to set goals.
- This class is perfect for the youth. (2 responses)
- I love this class. (2 responses)
- Wish I could take it again.
- This class made me a better man.
- Everyone needs to take this class. (3 responses)
- It's a great class.
- The teachers will always be there for you. (2 responses)
- Inspired me.
- Used movies to teach and that helped me.
- They had high expectations for us and kept pushing us to do better.
- Don't stop because it is making a difference. It really helped me. (3 responses)
- This class allowed me to share and deal with my problems at school and at home. (3 responses)
- It helped me to become a better speaker and not waste my most valuable commodity (my time).
- This class helped me learn to make good choices and not fight like I used to. (2 responses)

- If I could take this class again next year I would. Not for the money, but to be taught more by these wonderful teachers.

- The Powerhouse is a good place where the mentors care so much, They constantly get on your case to make you better.

- That I'm thankful for everything and each classmate and teacher. I enjoyed waking up each morning knowing that I'm coming to the Powerhouse Boardroom. I learned something new every day.



- Boardroom talks.Not being able to wear slides.
- Not sure.
- No leave way on being late.
- Movies. - Losing points.



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